













#### **Consultation Hours**

Mo 9:00-11:00 Di 8:30-9:30 Do 13:30- 15:30 And by arrangement



# Johanna Zechmeister

Diplompsychologin
Psychologische Psychotherapeutin

# **Professional Activity:**

Psychological Counseling at Studentenwerk Niederbayern/Oberpfalz

## **Our Offer:**

short- and medium-term one on one counseling

- if you have difficulties with your academic studies
- if you have private conflicts or strains
- for all kinds of symptoms, for example anxiety or depressiveness
- if you have problems in context of the coronapandemic

professional and confidential

## I like to be a psychological counselor because ...

...I like to help people overcome their outer and inner barriers

