



Project 1
Help with AIDS
counseling

What is the project about?



The **AIDS Information and Counseling Center** is a **psychosocial counseling facility**. It is the contact point in the district of Lower Bavaria for all questions concerning sexuality and HIV/AIDS. The aims of our work are to build up knowledge, supplement partial understanding and to correct unrealistic expectations on the subject of HIV/AIDS, as well as to encourage people to come to terms with their own sexuality and the subject of HIV/AIDS. Furthermore, we try to contribute to the improvement of the life situation of HIV-infected people, their relatives and close persons.

Our tasks are **psychosocial counseling, media and public relations, e.g. work at the booth, implementation of prevention offers at schools from the 8th grade and multiplier training, e.g. lectures at nursing schools.**

What do I have to do?



- 1. Sticking our information material (in teams), especially condoms with our label (our contact details).**
- 2. Baking (and possibly crafting) for our booth at events.**

About project 1: The volunteers can either pick up the material from us, stick it flexibly at their own time and bring it back to us or participate in one of our planned meetings for the purpose of sticking.

About project 2: We organize every year on 01.12 (World AIDS Day) an info booth, this year it would take a place in Passau and Landshut as well. We offer at the event cookies, jams and possibly handicrafts for donations. The task of the volunteers would be, for example, that you support us in the preparation. This can be gladly also specialties from other nationalities. More concrete details regarding the organization and coordination will be discussed in a meeting. Expenses for ingredients will be refunded.

How much time do I have to invest?



- A total of approximately 14 days with flexible scheduling during the winter semester 23/24



- If you are interested, you are welcome to extend your volunteer commitment to several semesters. We plan to have **volunteer training for the upcoming summer semester of 2024**. Once this is completed, you will be able to assist us with our school prevention, booth work, and other outreach efforts. We are looking forward to seeing you!

Other requirements



What you should bring:

- Fun in teamwork, in baking/crafting, interest in the topic
- knowledge of German and/or English

AIDS counseling offers:

- Guidance by professionals
- Provision of media/working materials
- Refund of arising costs
- Liability insurance

Cooperation partner



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Why you should participate



What our participants from last semester say about the project:

„It is just a lot of fun!!!! You meet great people and also do great things.”

„I was able to participate in cultural exchanges with other students.”

„It is an opportunity for students, especially international students to interact with the people, experience German culture while supporting a good cause.”

„Although I thought language barrier could be a challenge, both English and Deutsch was used as means of communication making it easier to enjoy the project and also learn a few phrases in Deutsch.”