

Manipal International Summer School

MISS 2024

www.manipal.edu

8-20 January 2024

About MISS 2024

Manipal International Summer School 2024 is an initiative of MAHE that aims to bring together international students from a diverse range of backgrounds and cultures and provide them an experience of learning both inside and outside the classrooms. The four courses are designed for two weeks of intensive learning with a glimpse of local culture and regional diversity through a series well-curated cultural immersion through the day. There would be guided trips to place of historical importance and sites of cultural heritage. The organised cultural immersion programme will take the students to a world of distinctive Manipal. Join our summer school courses to learn the nuances of the other side of unexplored India.

Credits	Fee	Hours (Academic + Cultural)
6 ECTS	USD 955 (international students) INR 60,000 (Domestic students)	80 Hrs

Content

1. Harmony of Body and Mind: Exploring Health and Wellness in India
2. Nurturing Sustainability: Embracing Nature, Land, and Cultural Heritage
3. Unveiling India's Business Terrain: Strategies and Perspectives
4. Tracing Roots: Immersing in the Tapestry of Indian Heritage

Harmony of Body and Mind: Exploring Health and Wellness in India

Overview

Embark on an enriching journey with our holistic summer program in Manipal, where the convergence of ancient wisdom and modern education awaits. Immerse yourself in the transformative realms of Ayurveda and Yoga, as you explore personalized wellness regimens and rejuvenating yoga sessions. Delve into the intricacies of holistic health at the Manipal College of Dental Sciences and the Manipal Centre for Natural Sciences. Uncover the profound benefits of integrative medicine through the Department of Yoga and the Department of Ayurveda. Amidst the tranquil landscapes, delve into a cultural tapestry that enhances your mindfulness and broadens your horizons. As a part of the Welcomgroup Graduate School of Hotel Administration, we ensure not only the nourishment of your mind and soul, but also the comforts of your stay. Join us for an unforgettable summer of self-discovery, wellness, and cultural immersion.

Unit Name	Manipal College of Dental Sciences (MCODS) Manipal Manipal Centre for Natural Sciences (MCNS) Centre for Integrative Medicine (CIMR) <ul style="list-style-type: none">• Division of Yoga• Division of Ayurveda Welcomgroup Graduate School of Hotel Administration (WGSHA)
Month, Year	January 2024
Duration	8-20 January
Attendance mode	Physical
Location	MAHE Manipal India
ECTS	6

Learning Outcomes

1. **Comprehensive Understanding:** Develop a comprehensive understanding of Ayurveda, Yoga, and integrative medicine, fostering a holistic perspective on well-being.
2. **Personalized Wellness:** Create and implement personalized wellness regimens based on Ayurvedic principles, promoting physical and mental health.
3. **Yoga Proficiency:** Attain proficiency in yoga practices, including asanas, pranayama, and meditation, enhancing flexibility, mental clarity, and emotional balance.
4. **Cultural Appreciation:** Immerse in cultural activities to cultivate appreciation for diverse traditions, nurturing global awareness and respect.
5. **Holistic Health Insights:** Explore the interdisciplinary nature of holistic health by examining connections between dental sciences, natural sciences, integrative medicine, and overall wellness.

Schedule

Day	Topic	Venue	Learning activity	Learning Outcome
Day 1 Monday 9 am – 1 pm	Introduction to South Canara Natural Heritage <ul style="list-style-type: none">• Geographical context, natural heritage, biodiversity and environment	MCNS	Presentation and Lecture	LO1, LO4, LO5

Day	Topic	Venue	Learning activity	Learning Outcome
	Lecture on Natural ecosystems		Lecture	LO4, LO5
2 pm – 5 pm	Visit to Experience Theatre – a virtual tour of MAHE followed by campus walk		Immersive experience	LO4
Day 2 Tuesday 9am – 1 pm	Screening of concepts and schools of Yoga	Division of Yoga	Lecture	LO1, LO3, LO5
	Asanas and Pranayama: Lecture and Live Session		Demonstration	LO1, LO3, LO5
2 pm – 5 pm	Visit to Sri Krishna Mutt and Astha Mathas in Udupi		Immersive experience	LO4
Day 3 Wednesday 9 am – 7 pm	A Day-out to places near Manipal Koti Chennaya theme Park , Ramasamudra lake , Gomateshwara statue , Chaturmukha Basadi , Savirakhambada (Thousand pillar temple) Basadi		Immersive Experience	LO4
Day 4 Thursday 9 am – 1 pm	Balancing Life: Stress Management and Lifestyle Enhancement with Yoga	Division of Yoga	Lecture	LO1, LO3, LO5
	Meditation and Relaxation: Lecture and Live Session		Demonstration	LO1, LO3, LO5
2 pm – 6 pm	Exploring the serene landscapes of Manipal Lake Visit to Hasta Shilpa – The Heritage Village		Immersive experience	LO4
Day 5 Friday 9 am – 2 pm	An immersive culinary journey through the region, featuring an introduction to its cuisine, hands-on cooking with a chef, and a delicious lunch to savor the flavors.	WGSMA	Experiential kitchen learnings with lecture (lunch included)	LO5
2 pm – 5 pm	Visit to Culinary Arts Museum Reflections & Learnings of Yoga and Culinary experience	WGSMA	Visit Interaction	
Day 6 Monday 9 am – 7pm	Exploring the wonders of Udupi Coastal belt Visit to St Mary's Island , Malpe beach coastal settlement, Sea Walk and Mangrove forest	MCNS	Immersive Experience	LO4
Day 7 Tuesday 9am – 1 pm	Introduction to concepts of Ayurveda - History and Evolution of the ancient tradition Home remedies through Ayurveda – Unveiling the secret to healthy lifestyle hidden in simple herbs and spices	Division of Ayurveda	Lectures & Demonstration	LO1, LO2, LO5

Day	Topic	Venue	Learning activity	Learning Outcome
	<p><u>Therapeutic Ayurvedic Massage:</u> Relaxation, Rejuvenation of body and mind inside out</p> <p><u>Shirodhara therapy:</u> Lecture and Live session</p> <p><u>Preparation of simple herbal medicine:</u> Lecture and Live session</p> <p><u>Ayurvedic cooking for wellness:</u> Lecture and Live session</p>			
2 pm – 7 pm	Visit to <u>Pilikula Zoological Park, Mangaluru</u>	MCNS	Immersive experience	LO4
Day 8 Wednesday 9 am – 1 pm	Visit to Local Ayurveda pharmacy to see preparation of Ayurvedic medicine.	Division of Ayurveda	Immersive experience	LO2, LO5
2 pm – 5 pm	<p>Understanding Prakruti (Constitutional type) and its relevance on food and lifestyle</p> <p>Reflections and learnings of Ayurveda</p>	Division of Ayurveda	<p>Lecture and Demonstration</p> <p>Interaction</p>	LO5
Day 9 Thursday 9 am – 1 pm	<p>Case study visit to <u>Public Health Dentistry Camp</u></p> <ul style="list-style-type: none"> <u>Interaction</u> with healthcare experts on ground with a glimpse of cases exclusive to the coastal belt 	MCODS Manipal	Live demonstration and interaction	LO1, LO5
2 pm – 6 pm	<p>A sneak peek into exclusive community-based entrepreneurship in Udupi district</p> <p>Field visit to Mattu (Brinjal farming – <u>Mattu Gulla</u>) and Shankarapura (Jasmine cultivation – <u>Shankarpura Mallige</u>)</p> <p>Visit to <u>Mattu beach</u></p>	CISD	Immersive experience	LO4
Day 10 Friday 9 am – 1 pm	Reflection session for assessment of learning outcomes		Interaction	LO1, LO2, LO3, LO4, LO5
2 pm – 6 pm	<p>Sanskriti Milan (Valedictory ceremony)</p> <ul style="list-style-type: none"> Certificate distribution Culturals Exchange impressions of MISS 2024 Fun & Entertainment 		Valedictory	

Assessment

Type	Description	Weight	Date	Mode
Group Presentation	Reflections and Learnings on Yoga	30 %	Day 5	Narrative
Group Presentation	Reflections and learning on Ayurveda	30 %	Day 8	Narrative
Group Presentation	Reflections on cultural heritage , cuisine and natural ecosystems	30%	Day 10	Presentation
Group Presentation	Reflections on community dentistry	10%	Day 10	Presentation

Outcomes Assessed : LO1,LO2,LO3,LO4,LO5

Resource Persons:

			
Dr Shashidhar Acharya Department of Public Health Dentistry MCODS Manipal	Dr Sripathi Adiga Division of Ayurveda CIMR, Kasturba Medical College Manipal	Dr Annapoorna K Division of Yoga, CIMR,MAHE,Manipal	Prof Paritosh Dabral Welcomgroup Graduate School of Hotel Administration

Nurturing Sustainability: Embracing Nature, Land, and Cultural Heritage

Overview


The summer course is designed to discuss the close relationship of understanding the natural heritage of land, environment, and its relation to built form to achieve sustainability. This course will give you experiential learning with case studies in coastal Karnataka with a variety of natural ecosystems and a hub of natural heritage with high biodiversity index. These rivers cut through the 2-billion-year-old gneissic rocks that make up a part of the Western Ghats and the basement. The history starts with megalithic settlements, flourishing international trade from 2nd Century BC to development of present times. Today when we are grappling with various issues of climate change and sustainable development there are lessons to be learnt for all of us from this heritage. The exercises will help the student to appreciate the symbiotic relation between the geological landforms, natural heritage and built heritage of this region in lakes, mountains, rocks, and the sea.

Unit Name	Manipal School of Architecture & Planning (MSAP) Manipal Centre for Natural Sciences (MCNS) Manipal Institute of Technology (MIT) • Geology Division (Department of Civil Engineering)
Month, Year	January 2024
Duration	8-20 January
Attendance mode	Physical
Location	MAHE Manipal
ECTS	6

Learning Outcomes

1. **Understanding Heritage:** Acquiring knowledge about the natural, cultural, and architectural heritage found in South Canara.
2. **Ecosystem Comprehension:** Comprehend the biotic and abiotic interactions and resilience of diverse ecosystems in the Western Ghats biodiversity hotspot.
3. **Sustainable Design and Architecture:** Exploring sustainable practices in Design and Architecture that align with the nature drawing inspiration from Indian heritage.
4. **Understanding Geological Landforms:** Appreciate the varieties of rocks, water bodies and geological landforms.
2. **Cultural Appreciation:** Immerse in cultural activities to cultivate appreciation for diverse traditions, nurturing global awareness and respect.

Schedule




Day	Topic	Venue	Learning activity	Learning Outcome
Day 01 Monday 9 am – 1 pm	Introduction to the region of South Canara Natural Heritage UDUPI Blessed By Nature  Geographical context Natural heritage, Biodiversity and environment	MCNS	Presentation and Lecture	LO1, LO2, LO3, LO4
	Lecture on Natural ecosystems		Lecture	LO1, LO2
2pm – 5 pm	Visit to Experience Theatre – a virtual tour of MAHE followed by campus walk		Immersive experience	LO5
Day 02 Tuesday 9 am - 1pm	Lecture on the formation of lakes and overall geological formations in South Canara Walk through Geological museum	MIT	Lecture Site visit	LO1, LO4

Day	Topic	Venue	Learning activity	Learning Outcome
	Introduction to History and evolution of South Canara Udupi the remarkable land	MIT	Lecture	LO1, LO3
2 pm – 5 pm	Visit to Sri Krishna Mutt and Asthamathas in Udupi		Immersive experience	LO5
Day 03 Wednesday 9 am – 7 pm	Site 1: A Day-out to places near Manipal Koti Chennaya theme Park , Ramasamudra lake , Gomateshwara statue , Chaturmukha Basadi , Savirakhambada (Thousand pillar temple) Basadi		Immersive Experience	LO1, LO2, LO3, LO4, LO5
Day 04 Thursday 9 am – 1 pm	Discussion on natural ecosystems observed at Site 1	MIT	Lecture	LO1, LO2
	Observation of various landforms and its genesis		Lecture	LO1, LO4
2 pm – 6 pm	Site 2: Manipal Lake visit: An expedition into the flora and fauna of Manipal Visit to Hasta Shilpa – The Heritage Village		Immersive Experience	LO1, LO3, LO4
Day 05 Friday 9 am – 1 pm	Lessons of Sustainability from Heritage Landscape and locational aspects Effective use of material and technology Interaction and Activity	MSAP	Lecture Immersion experience	LO1, LO3,
2 pm – 6 pm	Presentations on Site 1 & 2	MSAP	Interactive Seminar	LO1, LO2, LO3, LO4
Day 06 Monday 9 am – 7 pm	Site 3: Exploring the wonders of Udupi Coastal belt Visit to St Mary's Island , Malpe beach coastal settlement, Sea Walk and Mangrove forest		Immersive experience	LO1, LO2, LO3, LO4, LO5
Day 07 Tuesday 9 am – 1 pm	Discussion on natural ecosystems observed at Site 3	MCNS	Interactive Seminar	LO1, LO2
	Geological importance of St Mary's Island – a geological monument		Interactive Seminar	LO1, LO4
	Discussion on sustainable practises in siting of built forms, material and design and its ecological, social and cultural values		Lecture	LO1, LO3
2 pm – 7 pm	Visit to Pilikula Zoological Park, Mangaluru		Immersive experiences	LO5
Day 08 Wednesday 9 am – 7 pm	Site 4: An exploratory visit to Kudremukh and the settlement around Kudremukh Iron Ore Company (KIOCL)		Immersive Experience	LO1, LO2, LO3, LO4, LO5
Day 09 Thursday 9 am – 1 pm	Discussion on natural ecosystems observed	MIT	Interactive Seminar	LO1, LO2
	Ore in rocks and their economic importance		Interactive Seminar	LO1, LO4
	Discussion on sustainable development on hilly terrian		Lecture	LO1, LO3
2 pm – 6 pm	A sneak peek into exclusive community-based entrepreneurship in Udupi district		Immersive experience	LO5

Day	Topic	Venue	Learning activity	Learning Outcome
	Field visit to Mattu (Brinjal farming – Mattu Gulla) and Shankarapura (Jasmine cultivation – Shankarpura Mallige) Visit to Mattu beach			
Day 10 Friday 9 am – 1 pm	Presentation on site 3 and 4 Presentation, exhibition and discussion with students, community on digital travel diary 07 with all four sites (Reflections/ posters/ sketches with embedded Images/videos)	MSAP	Feedback and Evaluation	LO1, LO2, LO3, LO4
2 pm – 6 pm	<ul style="list-style-type: none"> Sanskriti Milan (Valedictory ceremony) Certificate distribution Culturals Exchange impressions of MISS 2024 Fun & Entertainment 		Valedictory	

Type	Description (LO1, LO2, LO3, LO4) (Reflections/ posters/ sketches with embedded Images/videos)	Weight	Date	Mode
Presentations	Site 1: Lake ecosystem- Manipal lake	15%	Day 05	powerpoint presentation with narratives
	Site 2: Rocky terrain -Karkala	15%	Day 05	powerpoint presentation with narratives
	Site 3- Sea Coast- Malpe	15%	Day 10	Powerpoint presentation with narratives
	Site 4- Ghats terrain- Kudremukh	15%	Day 10	Powerpoint presentation with narratives
Assignment	Digital Diary	40%	Day 10	Powerpoint with embedded video and audio of narratives

Contact details

		
Dr Deepika Shetty	Dr Balakrishna K Department of Civil Engineering	Dr Vivek Pandi

Manipal School of Architecture and Planning	Manipal Institute of Technology	Manipal Centre for Natural Sciences
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Unveiling India's Business Terrain: Strategies and Perspectives

Overview

Embark on a transformative journey into India, a land of diverse dynamism that has emerged as a global economic powerhouse. This immersive summer school offers a unique opportunity for international students to explore India's business intricacies. Delve into the evolution of Indian businesses through captivating case studies and gain insights into the macro forces influencing them using the lens of cinema. Grasp the nuances of the Indian financial system and its intricate ties to the geopolitical landscape.

Engage directly with women entrepreneurs, visit thriving startups, and develop a keen intercultural understanding. Roam historic sites, marvel at nature's wonders, and interact with industry leaders. This program seamlessly blends academic knowledge, cultural immersion, and practical experiences to equip you for success in India's ever-evolving business realm. Uncover the extraordinary, broaden your horizons, and embrace the dynamic Indian business terrain.

Unit Name	Manipal Institute of Technology (MIT) • Department of Humanities & Management T A Pai Management Institute (TAPMI) Department of Commerce (DOC) Department of Geopolitics & International Relations (DGIR)
Month, Year	January 2024
Duration	8-20 January 2024
Attendance mode	Physical
Location	MAHE Manipal
ECTS	6

Learning Outcomes:

1. **Indian business and evolution:** Attain insights into the history of India's business evolution and philosophy.
2. **Economic dynamics:** Understand India's economic dynamics, financial systems, and key institutions.
3. **Geopolitical navigation:** Analyze the geopolitical risks and their influence on Indian businesses.
4. **Startup ecosystem :** Comprehend the holistic startup landscape expansion in India.
5. **Workplace diversity:** Apply intercultural insights to diverse workplace scenarios.
6. **Cultural appreciation:** Immerse in cultural activities to cultivate appreciation for diverse traditions, nurturing global awareness and respect.

Schedule

DAY	TOPIC	VENUE	LEARNING ACTIVITY	LEARNING OUTCOME
Day 1 Monday 9 am – 1 pm	Tracing the trajectory of Indian business: Case studies and political reforms	TAPMI	Lecture Interactive Seminar / and Assignments	LO1
2 pm – 5 pm	Visit to Experience theatre – a virtual tour of MAHE followed by campus walk		Immersive experience	LO6
Day 2 Tuesday 9 am – 1 pm	Business teachings through Indian cinema: Chalk & talk with movie screening	TAPMI	Lecture Movie Screening and Discussion	LO1




DAY	TOPIC	VENUE	LEARNING ACTIVITY	LEARNING OUTCOME
2 pm – 5 pm	Visit to Sri Krishna Mutt and Astha Mathas in Udupi		Immersive experience	LO6
Day 3 Wednesday 9 am – 7 pm	A Day-out to places near Manipal Koti Chennaya theme Park , Ramasamudra lake, Gomateshwara statue , Chaturmukha Basadi , Savirakhambada (Thousand pillar temple) Basadi		Immersive Experience	LO6
Day 4 Thursday 9 am – 1 pm	Exploring the dynamics of the Indian Financial Ecosystem: Institutions, Flows, and Markets	TAPMI	Lecture Interactive Seminar / Assignments	LO2
2 pm – 6 pm	Exploring the serene landscapes of Manipal Lake Visit to Hasta Shilpa – The Heritage Village		Immersive experience	LO6
Day 5 Friday 9 am – 1 pm	Navigating India's geopolitical landscape: Business implications and strategic insights	DGIR	Lecture, simulation and interactive sessions	LO3
2 pm – 5 pm	Rising on the global stage: India's journey in global indices and mitigating business risks	DGIR	Lecture and presentation/activity	LO3
Day 6 Monday 9 am – 7 pm	Exploring the wonders of Udupi Coastal belt Visit to St Mary's Island , Malpe beach coastal settlement, Sea Walk and Mangrove forest		Immersive Experience	LO6
Day 7 Tuesday 9 am – 1 pm	Nurturing Innovation: Unveiling India's startup landscape, catalysts, and hurdles Student and Faculty Entrepreneurship at MAHE: An Overview	MIT	Lecture and presentation/activity	LO4 LO4
2 pm – 7 pm	Visit to Pilikula Zoological Park , Mangaluru	MCNS	Immersive experience	LO6
Day 8 Wednesday 9 am – 1 pm	Empowering Voices: Dialogues with women entrepreneurs on challenges and triumphs	MIT	Panel discussion, interactive session	LO4
2 pm – 5 pm	Site Visit: Women-led MSME			LO4
Day 9 Thursday 9 am – 1 pm	Bridging cultures through effective communication: Navigating intercultural environments	DOC	Lecture Group discussion /activity	LO5
	Navigating challenges and opportunities in diverse teams across borders	DOC	Lecture	LO5
2 pm – 6 pm	A sneak peek into exclusive community-based entrepreneurship in Udupi district		Immersive experience	LO4, LO5

DAY	TOPIC	VENUE	LEARNING ACTIVITY	LEARNING OUTCOME
	Field visit to Mattu (Brinjal farming – Mattu Gulla) and Shankarapura (Jasmine cultivation – Shankarpura Mallige) Visit to Mattu beach			
Day 10 Friday 9 am – 1 pm	Group Presentations and Closing Remarks	MIT/ TAPMI	Presentation and Interaction	LO1, LO2, LO3, LO4, LO5
2 pm – 6 pm	Sanskriti Milan (Valedictory ceremony) Certificate distribution Culturals Exchange impressions of MISS 2024 - Fun & Entertainment		Valedictory	

Assessment

Type	Description	Weight	Date	Mode
Group Presentation	Reflections and Learnings	100%	Day 10	Presentation
Outcomes assessed: LO1, LO2, LO3, LO4, LO5, LO6				

Resource Persons:

			
Dr Smitha Nayak Department of Humanities & Management, MIT Manipal	Dr Tathagatha Ghosh T A Pai Management Institute Manipal	Mr Lumen Shawn Lobo Department of Commerce	Dr Vignesh Ram Department of Geopolitics & International Relations

Tracing roots: immersing in the tapestry of indian heritage

Overview

Experience the essence of Indian heritage through an immersive summer program that delves into the realms of philosophy, aesthetics, culture, cinema, and cuisine. This program aims to provide participants with a comprehensive understanding of the philosophies that have profoundly influenced the region, exploring their intricate connections with ethics, aesthetics, culture, cinema, and culinary traditions. Through engaging workshops, enlightening expert sessions, and insightful site visits, participants will unravel the fascinating interplay between various art forms and the vibrant living cultures of the area. The program also offers a unique opportunity for participants to critically analyze the portrayal of India in cinema through curated screening sessions. To enrich the experience, participants will be introduced to the rich tapestry of coastal cuisine, tantalizing their taste buds with a wide array of flavors. Ultimately, this program offers a profound exploration of the thoughts, tastes, and rhythms that encapsulate the essence of India on a microcosmic scale.

Unit Name	Manipal Centre for European Studies • Centre for Intercultural Studies & Dialogue (CISD) Welcomgroup Graduate School of Hotel Administration (WGSHA) Department of Philosophy (DOP) Manipal Institute of Communication (MIC)
Month, Year	January 2024
Duration	8-20 January
Attendance mode	Physical
Location	MAHE Manipal
ECTS	6

Learning Outcomes

1. **Ethical Evaluation of Foundational Philosophies:** Analyze key Indian philosophical concepts and explore their ethical implications.
2. **Cultural Immersion and Aesthetic Sensitivity:** Appreciate diverse Indian aesthetics and cultural traditions, fostering sensitivity and understanding.
3. **Cinematic Deconstruction and Cultural Representation:** Critically analyze cinematic portrayals of India, understanding their cultural impact.
4. **Exploration of Coastal Culinary Heritage:** Explore Indian coastal cuisine's cultural significance and its role within communities.

Schedule






Day	Topic	Venue	Learning Activity	Learning outcomes
Day 01 Monday 9 am – 1 pm	Introduction to the philosophical foundations of the region	DOP	Presentation and Lecture	LO1
	From Vedanta to Dvaita Philosophy		Lecture	LO1
	Visit to Pajaka Kshetra		Lecture	LO1, LO2
2 pm – 5 pm	Visit to Experience Theatre – a virtual tour of MAHE followed by campus walk		Immersive experience	LO2
Day 02 Tuesday 9 am – 1 pm	Introduction to Jainism	DOP/CISD	Lecture	LO1, LO2
	Jain Tenets, Practices, and History		Lecture	LO1, LO2
	Traditions and Community of the region		Dialogue	LO1, LO2

Day	Topic	Venue	Learning Activity	Learning outcomes
2 pm – 5 pm	Visit to Sri Krishna Mutt and Astha Mathas in Udupi			LO1, LO2
Day 03 Wednesday 9 am – 7 pm	A Day-out to places near Manipal Koti Chennaya theme Park , Ramasamudra lake , Gomateshwara statue , Chaturmukha Basadi , Savirakhambada (Thousand pillar temple) Basadi		Immersive Experience	LO1, LO2
Day 04 Thursday 9 am -1 pm	Introduction to Indian Art forms- Classical and Folk Traditions	CISD	Lecture and Demonstration	LO2
2 pm – 6 pm	Exploring the serene landscapes of Manipal Lake Visit to Hasta Shilpa – The Heritage Village		Immersive experience	LO2
Day 05 Friday 9 am – 1 pm	Cultural markers of the region and their relevance- Worship Traditions	CISD	Documentary Screening Discussion	LO2
2 pm – 6 pm	Visit to the Performative art site and interaction	CISD	Dialogue	LO2
Day 06 Monday 9 am – 7 pm	Exploring the wonders of Udupi Coastal belt Visit to St Mary's Island , Malpe beach coastal settlement, Sea Walk and Mangrove forest	MCNS	Cultural Immersion to the region	LO1, LO2
Day 07 Tuesday 9 am – 1 pm	Introduction to Indian Cinema: Basic Concepts.	MIC	Discussion	LO1,LO2, LO3
	Film Screening: Discussion and live session	MIC	Screening	LO2, LO3
2 pm – 7 pm	Visit to Pilikula Zoological Park, Mangaluru		Immersive experience	LO2
Day 08 Wednesday 9 am – 1 pm	Themes, Codes & Conventions of Indian Cinema	MIC	Lecture Discussion	LO2, LO3
2 pm – 5 pm	Representations in Indian Cinema	MIC	Film Scressing Discussion	LO3
Day 09 Thursday 9 am – 2 pm	Flavours of Dakshina Kannada: Discovering India's Culinary Diversity	WGSHA	Experiential kitchen learnings with lecture (lunch included)	LO4
2 pm – 6 pm	A sneak peek into exclusive community-based entrepreneurship in Udupi district Field visit to Mattu (Brinjal farming – Mattu Gulla) and Shankarapura (Jasmine cultivation – Shankarpura Mallige) Visit to Mattu beach	CISD	Immersive experience	LO2
Day 10 Friday 9 am – 1 pm	Reflections and Dialogue	CISD	Interactive	LO1, LO2, LO3, LO4
2 pm – 6 pm	Sanskriti Milan (Valedictory ceremony) <ul style="list-style-type: none"> • Certificate distribution • Cultural • Exchange impressions of MISS 2024 • Fun & Entertainment 		Valedictory	

Assessment

Type	Description	Weight	Date	Mode
Presentations	Reflections on Philosophy	15%	Day 02	Narratives
Report	Field notes on Local Traditions	15%	Day 04	Snippets
Presentations	Reflection on Indian Cinema	15%	Day 08	Description
	Indian Cuisine- Notes on Cuisine	15%	Day 09	Notes
Outcomes assessed: LO1 LO2 LO3				
Assignment	Digital Diary (LO1, LO2, LO3, LO4) (Reflections/ posters/ sketches with embedded Images/videos)	40%	Day 10	PowerPoint with embedded video and audio of narratives

Resource Persons:

				
Dr Praveen Shetty Centre for Intercultural Studies & Dialogue, MAHE	Mr Paritosh Dabral Welcomgroup Graduate School of Hotel Administration, MAHE	Mr Karl-Stéphan Bouthillette Department of Philosophy, MAHE	Shubha H. S. Manipal Institute of Communication, MAHE	Kartikey Goswami Assistant Professor Manipal Institute of Communication, MAHE